Virginia Reel

United States

Formation: Longways set, 6 couples to a set; with couple closets to the front or closest to the

music, being head couple. (Men in one line, women in opposite line, facing their

partners)

Position: Hands down to sides

Basic steps: Walk or skip

- A 1-8 **Walk fwd and bow**, and walk back to place
 - 1-8 Join **Right elbows** and swing around once
 - 1-8 Join **Left elbows** and swing around once
 - 1-8 Join **both hands** and circle clockwise once
 - 1-8 **Do-si-do**; pass Right shoulder and go back to back once
 - 1-8 **See-saw**; pass Left shoulders and go back to back once
- B 1-8 **Head couple slide** (at the top of the set), take two hands and slide to the back of the set
 - 1-8 **Head couple slide back** to their place at the top of the set
- C 1-8 **Head couple "Reel" down the set**; swing Right elbows 1 ½ rotations(end facing line of opposite gender)
 - 1-4 Head couple swing Left elbows separately, each with **second** person in line
 - 5-8 Head couple swing Right elbows in the middle
 - 1-8 Repeat swing Left with **third** person in the set, and then swing Right back together
 - 1-8 Repeat swing Left with **fourth** person in the set, and then swing Right back together
 - 1-8 Repeat swing Left with **fifth** person in the set, and then swing Right back together
 - 1-8 Repeat swing Left with **sixth** person in the set, and then swing Right back together only ½ rotation to end up back on their original side of the set
 - 1-16 Head couple take two hands and slide back down to the top of the set, to their original place
- D 1-16 **"Peel the Banana"**; head couple will split and go on the outside of the set, and everyone will follow
 - 1-16 **Head couple arch**; stop at the back of the set and make a bridge; couple number two and so forth will meet under the arch and come down to the top of the set

Notated by Jeanette Geslison

^{*}Couple number two is now at the front of the set; as couple number one stay at the back of the set. The dance will then start over with couple number two now being the head couple.